

Spring / summer menu week 1

Lunchtime

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|---|--|----------------------------|---|--|
| Starter | Corn on the Cob | | Garlic Bread G DA SY SE | | |
| Main course | Mild Mexican Mixed Bean Chilli with 50/50 Turmeric Rice (V) MU | Pork in a Puy Lentil Gravy and Parsley Potato with Green Beans and Carrots G | Spaghetti Bolognese G | Cheese, Potato and Onion Pie with Coleslaw and Mixed Beans in a Tomato Sauce (V) G DA E MU | Fish Pattie with New Potatoes and Mushy Peas G F SU |
| Vegetarian option | | Quorn in a Puy Lentil Gravy and Parsley Potato with Green Beans and Carrots G E | Vegetable Bolognese G | | Veggie Pattie with New Potatoes and Mushy Peas G SU |
| Dessert | | Low sugar Jelly and Fruit Fresh Fruit (V) | | Yoghurt with Fresh Fruit DA | Peach Oat Crumble with Low Sugar Custard G DA |

Teatime

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|--|---|---|---|---|
| Starter | | Melon Slices | | Creamed Corn with Veggie Dippers DA CE | |
| Main course | Vegetarian Sausage in a Roll with Homemade Tomato Sauce CE G SE | Children's Choice: Egg and Cress Pitta Pocket Turkey Salad Pitta Pocket with Vegetable sticks E MU G | Baked Potato Slice with Tuna and Cucumber F E MU | Minestrone Soup CE SU G | Coronation Chicken Sandwiches with Grated Carrot E MU SY G |
| Vegetarian option | | Egg and Cress Pitta Pocket With Vegetable Sticks E MU G | Baked Potato Slice with Hummus and Cucumber SU | | Coronation Egg Sandwiches with Grated Carrot E MU SY G |
| Dessert | Apple Smiles and sultanas | | Tropical Fruit Sorbet | | Fruit Platter |

Snacks

Morning

Fresh fruit, wholemeal toast/baked goods and cereals served with Milk or Water (Check allergens with chef)

Afternoon

Selection of Fruit and Vegetable Sticks served with Milk or Water

DA

Allergen Codes

GLUTEN - G, EGG - E, FISH - F, NUTS - N, PEANUTS - PN, SOYA - SY, DAIRY - DA, CELERY - CE,
MUSTARD - MU, SESAME - SE, SULPHITES - SU, LUPIN - LU, SHELL FISH - SF (Crustaceans and Molluscs)

Spring / summer menu week 2

Lunchtime

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|---|---|---|---|---|
| Starter | | Melon Slices | | Spinach and Sweet Potato Samosa MU G | |
| Main course | Sausage and Mixed Bean Casserole with Apple Mash (Check sausage allergens with chef) MU CE | Savoury Minced Beef Puff Pastry Pie with Boiled Potatoes and Spring Greens CE G | Tuna and Cheese 'Meatballs' in a Tomato Sauce served with Pasta F DA E G | Mild Chana Masala Curry with 50/50 Turmeric Rice SU MU G | Chicken in a Puy Lentil Gravy served with Roast New Potatoes, Peas and Carrots |
| Vegetarian option | Vegetarian Sausage and Mixed Bean Casserole with Apple Mash MU CE E | Linda McCartney Savoury Mince Puff Pastry Pie with Boiled Potatoes and Spring Greens CE G SY | Cheesy Falafel in a Tomato Sauce served with Pasta SU DA G | | Baked Tofu in a Puy Lentil Gravy served with Roast New Potatoes, Peas and Carrots SY |
| Dessert | Fresh Fruit Salad | | Raspberry Semolina DA G | | Pears with Summer Berries |

Teatime

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|--|--|---|---|---|
| Starter | Roast Vegetable Wedges with Roast Garlic and Herb Mayo MU E | | Mixed Pepper Hummus with Carrot Sticks SU | | |
| Main course | Salmon, Cream Cheese Bagel with Cucumber Sticks F DA G SE | Reduced Salt and Sugar Beans on Toast SY G | Egg Mayonnaise Wraps E G MU DA Cheese Wraps with Tomato Wedges E G MU DA | Children's Choice: Muffin Pizza served with Nursery Salad Margherita or Rainbow Vegetable Pizza SY G DA SE | Mini Ploughman's (Ham, Cheese, Tomato, Apple, Pickle and a Slice of Wholemeal Baguette) G DA SE |
| Vegetarian option | Kidney Bean with Cream Cheese Bagel and Cucumber Sticks DA G SE | | | | Mini Vegetarian Ploughman's (Egg, Cheese, Tomato, Apple, Pickle and a Slice of Wholemeal Baguette) G DA SE E |
| Dessert | | Peach and Pineapple with a Yoghurt Drizzle DA | | Apple and Orange Smiles | Banana and Cocoa Muffin G E |

Snacks

Morning

Fresh fruit, wholemeal toast/baked goods and cereals served with Milk or Water (Check allergens with chef)

Afternoon

Selection of Fruit and Vegetable Sticks served with Milk or Water

DA

Allergen Codes

GLUTEN - G, EGG - E, FISH - F, NUTS - N, PEANUTS - PN, SOYA - SY, DAIRY - DA, CELERY - CE,
MUSTARD - MU, SESAME - SE, SULPHITES - SU, LUPIN - LU, SHELL FISH - SF (Crustaceans and Molluscs)

Spring / summer menu week 3

Lunchtime

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|--|---|---|---|---|
| Starter | | Homemade Nachos with Guacamole DA G | | | Garlic Bread G SE SY DA |
| Main course | Lamb Savoury Mince and New Potatoes with Spring Greens CE | Turkey Chasseur with Peas, Sweetcorn and 50/50 Rice | Vegetable and Chickpea Tagine with Couscous G SU | Homemade Baked Chicken Nuggets or Baked chicken strips with Potato Wedges and Peas E G | Salmon, Mackerel and Broccoli Pasta Bake F DA G SY |
| Vegetarian option | Vegetable and Lentil Savoury Mince and New Potatoes with Spring Greens CE | Mushroom and Butterbean Chasseur with Green Beans, Sweetcorn and 50/50 Rice | | Homemade Baked Tofu Nuggets with Potato Wedges and Peas E G SY | Cannellini Bean and Vegetable Pasta Bake DA G SU |
| Dessert | Mixed Fruit Pot | | Pancakes with Ice Cream and Blueberry Sauce E DA G | low sugar jelly whip and raspberries vegetarian option Yoghurt with raspberries DA | |

Teatime

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|---|--|------------------------------------|---|--|
| Starter | Tomato Soup DA | | | Cheese sticks and apple slices DA | |
| Main course | Tuna Cheese Panini Fingers with Nursery Salad F E MU DA G SE | Carrot and Parsnip Scone with Cucumber Sticks and Tomato Wedges with hummus E DA G SU | Cauliflower Mac and Cheese DA G | Ham, Tomato and Pickle Sandwiches G SY Egg and Cucumber Sandwiches E G SY MU | BBQ Mixed Bean and Pepper Burrito MU DA G |
| Vegetarian option | Cheese and Tomato Panini Fingers with Nursery Salad E MU DA G SE | | | Egg and Cucumber Sandwiches E G SY MU Cheese, Tomato and Pickle Sandwiches G SY DA | |
| Dessert | | Strawberry Fool DA | Florida Fruit Cocktail | | Banana Milkshake DA |

Snacks

Morning

Fresh fruit, wholemeal toast/baked goods and cereals served with Milk or Water (Check allergens with chef)

Afternoon

Selection of Fruit and Vegetable Sticks served with Milk or Water
DA

Allergen Codes

GLUTEN - G, EGG - E, FISH - F, NUTS - N, PEANUTS - PN, SOYA - SY, DAIRY - DA, CELERY - CE,
MUSTARD - MU, SESAME - SE, SULPHITES - SU, LUPIN - LU, SHELL FISH - SF (Crustaceans and Molluscs)

Spring / summer menu week 4

Lunchtime

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|--|--|---|--|---|
| Starter | | | Corn on the Cob | | Garlic Bread G DA SY SE |
| Main course | Cheese Potato and Onion Pie with Coleslaw and Mixed Beans in a Tomato Sauce G DA E MU | Fish Pattie with New Potatoes and Mushy Peas G F SU | Mild Mexican Mixed Bean Chilli with 50/50 Turmeric Rice MU | Pork In a Puy Lentil Gravy with Parsley Potatoes, Green Beans and Carrots G | Spaghetti Bolognaise G |
| Vegetarian option | | Veggie Pattie with New Potatoes and Mushy Peas G SU | | | Quorn in a Puy Lentil Gravy with Parsley Potatoes, Green Beans and Carrots G E |
| Dessert | Yoghurt with Fresh Fruit DA | Peach Oaty Crumble with Low Sugar Custard G DA | | Low sugar Jelly with Fruit Fresh fruit (V) | |

Teatime

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|---|---|--|---|--|
| Starter | Creamed Corn with Veggie Dippers DA CE | | | Melon Slices | |
| Main course | Minestrone Soup CE SU G | Coronation Chicken Sandwiches with Grated Carrot E MU SY G | Vegetarian Sausage in a Roll with Homemade Tomato Sauce CE G SE | Children's Choice: Egg and Cress Pitta Pocket Turkey Salad Pitta Pocket With Vegetable Sticks E MU G | Baked Potato Slice with Tuna and Cucumber F E MU |
| Vegetarian option | | Coronation Egg Sandwiches with Grated Carrot E MU SY G | | | Egg and Cress Pitta Pocket With Vegetable Sticks E MU G |
| Dessert | | Summer Fruit Platter | Apple Smiles and Sultanas | | Tropical Fruit Sorbet |

Snacks

Morning

Fresh fruit, wholemeal toast/baked goods and cereals served with Milk or Water (Check allergens with chef)

Afternoon

Selection of Fruit and Vegetable Sticks served with Milk or Water

DA

Allergen Codes

GLUTEN - G, EGG - E, FISH - F, NUTS - N, PEANUTS - PN, SOYA - SY, DAIRY - DA, CELERY - CE,
MUSTARD - MU, SESAME - SE, SULPHITES - SU, LUPIN - LU, SHELL FISH - SF (Crustaceans and Molluscs)

Spring / summer menu week 5

Lunchtime

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|--|--|--|--|--|
| Starter | Spinach and Sweet Potato Samosa or Naan Bread MU G DA | | | Melon Slices | |
| Main course | Mild Chana Masala Curry with 50/50 Turmeric Rice SU MU G | Chicken in a Puy Lentil Gravy served with Roast New Potatoes, Peas and Carrots | Sausage and Mixed Bean Casserole with Apple Mash (Check sausage allergens with chef) MU CE | Savoury Minced Beef Puff Pastry Pie with Boiled Potatoes and Spring greens CE G | Tuna and Cheese 'Meatballs' in a Tomato Sauce served with Pasta F DA E G |
| Vegetarian option | | Baked Tofu in a Puy Lentil Gravy served with Roast New Potatoes, Peas and Carrots SY | Vegetarian Sausage Mixed Bean Casserole with Apple Mash MU CE E | Linda McCartney Savoury Mince Puff Pastry Pie with Boiled Potatoes and Spring Greens CE G SY | Cheesy Falafel in a Tomato Sauce Served with Pasta SU DA G |
| Dessert | | Pears with Summer Berries | Fresh Fruit Salad | | Raspberry Semolina DA G |

Teatime

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|--|---|---|--|---|
| Starter | | | Roast Vegetable Wedges with Roast Garlic and Herb Mayo MU E | | Mixed Pepper Hummus with Carrot Sticks SU |
| Main course | Children's Choice: Muffin Pizza served with Nursery Salad Margherita or Rainbow Vegetable Pizza SY G DA SE | Mini Ploughman's (Ham, Cheese, Tomato, Apple, Pickle and A slice of Wholemeal Baguette) G DA SE | Salmon and Cream Cheese Bagel with Cucumber Sticks F DA G SE | Reduced Salt and Sugar Baked Beans on Toast SY G | Egg Mayonnaise Wraps Cheese Wraps Served with Tomato Wedges E G MU DA |
| Vegetarian option | | Mini Vegetarian Ploughman's G DA SE E (Egg, Cheese, Tomato, Apple, Pickle and A slice of Wholemeal Baguette) | Kidney Bean and Cream Cheese Bagel with Cucumber Sticks DA G SE | | |
| Dessert | Apple and Orange Smiles | Banana and Cocoa Muffin G E | | Peach and Pineapple with a Yoghurt Drizzle DA | |

Snacks

Morning

Fresh fruit, wholemeal toast/baked goods and cereals served with Milk or Water (Check allergens with chef)

Afternoon

Selection of Fruit and Vegetable Sticks served with Milk or Water
DA

Allergen Codes

GLUTEN - G, EGG - E, FISH - F, NUTS - N, PEANUTS - PN, SOYA - SY, DAIRY - DA, CELERY - CE, MUSTARD - MU, SESAME - SE, SULPHITES - SU, LUPIN - LU, SHELL FISH - SF (Crustaceans and Molluscs)

Spring / summer menu week 6

Lunchtime

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|---|---|--|---|---|
| Starter | Garlic Bread G SE DA SY | | | Homemade Nachos with Guacamole DA G | |
| Main course | Salmon, Mackerel and Broccoli pasta bake F DA G SY | Homemade Baked Chicken Nuggets or Baked chicken strips with Potato Wedges and Peas E G | Lamb Savoury Mince and New Potatoes with Spring Greens CE | Turkey chasseur with peas, sweetcorn and 50/50 rice | Vegetable and Chickpea Tagine with Cous Cous G SU |
| Vegetarian option | Cannellini Bean and Vegetable Pasta Bake DA G SU | Homemade Baked Tofu Nuggets with Potato Wedges and Peas E G SY | Vegetable and Lentil Savoury Mince and New Potatoes with Spring Greens CE | Mushroom and butter bean chasseur with peas, sweetcorn and 50/50 rice | |
| Dessert | | Low sugar Jelly Yoghurt Whip DA Yoghurt with Mixed Berry Sauce (V) DA | Tropical Fruit Pot | | Pancakes with Ice Cream and Blueberry Sauce E DA G |

Teatime

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|--|---|---|--|------------------------------------|
| Starter | | Cheese Sticks and Apple slices DA | Tomato Soup DA | | |
| Main course | BBQ Mixed Bean and Pepper Burrito MU DA G | Ham, Tomato and Pickle Sandwiches G SY Egg and Cucumber Sandwiches E G SY MU | Tuna Cheese Panini Fingers with Nursery Salad F E MU DA G SE | Carrot and Parsnip Scone with Cucumber Sticks, Tomato Wedges and hummus E DA G SU | Cauliflower Mac and Cheese DA G |
| Vegetarian option | | Egg and Cucumber Sandwiches E G SY MU | Cheese and Tomato Panini Fingers with Nursery Salad E MU DA G SE | | |
| Dessert | Banana Milkshake DA | | | Strawberry Fool DA | Florida Fruit Cocktail |

Snacks

Morning

Fresh fruit, wholemeal toast/baked goods and cereals served with Milk or Water (Check allergens with chef)

Afternoon

Selection of Fruit and Vegetable Sticks served with Milk or Water

DA

Allergen Codes

GLUTEN - G, EGG - E, FISH - F, NUTS - N, PEANUTS - PN, SOYA - SY, DAIRY - DA, CELERY - CE,
MUSTARD - MU, SESAME - SE, SULPHITES - SU, LUPIN - LU, SHELL FISH - SF (Crustaceans and Molluscs)